

# ADELPHI NY STATEWIDE BREAST CANCER HOTLINE & SUPPORT PROGRAM

**EXPRESS YOUR  
EMOTIONS THROUGH  
CREATIVITY:**

**An Online Art Therapy Series**

**Join us online for an exciting journey using art to explore feelings, increase self-awareness and cope with life's challenges.**

**Due to the outbreak of COVID-19, we will be hosting an  
Online Art Therapy Workshop  
Wednesday's 10:00 a.m. - 11:30 a.m.**

**May 6, 2020**  
Creative project

**May 13, 2020**  
Discussion

**May 20, 2020**  
Creative project

**May 27, 2020**  
Discussion  
and take away

This **online** workshop will accommodate only **10 members**. You **must** register to attend the workshop. All members must commit to attending the **entire 4-week session**.

## WORKSHOP REQUIREMENTS

**All participants will need:**

- colored pencils, markers or crayons
- a sketch pad or quality paper for drawing
- scissors, magazines, glue
- computer access with a camera, microphone, printer and internet

- This workshop will be facilitated by **Angela M. Papalia, LMSW**, Assistant Director for the Adelphi Breast Cancer Program along with **Kimberly Newman, BFA**, Communications and Marketing Coordinator for the Adelphi Breast Cancer Program. All groups are **free** but registration is required.
- For information, questions, and to register, call **Angela M. Papalia, LMSW** at **(516) 877-4329** or email [apapalia@adelphi.edu](mailto:apapalia@adelphi.edu).

**breast-cancer.adelphi.edu**

**800-877-8077**



ADELPHI  
NY  
STATEWIDE  
BREAST CANCER HOTLINE  
& SUPPORT PROGRAM  
**800.877.8077**

